



The BNPA 23rd Annual General Meeting - 11/12 February 2010

With a joint meeting, 10 February, with the Section of Neuropsychiatry, RCPsych

Venue: Institute of Child Health, London.

Encephalopathy and delirium plus members' papers

Thursday 11th February 2010

- 0830-0930 Registration and refreshments
- 0930-0955 **Pathogenesis and Practical Management of Delirium** - Alasdair MacLulich (UK)
- 1000-1025 TBC
- 1030-1100 Refreshments
- 1100-1125 **Encephalitis** - Lance Turtle (UK)
- 1130-1155 **Differential diagnosis of rapidly progressive dementia** - Richard Knight (UK)
- 1200-1300 Members' Papers
- 1300-1430 Lunch
- 1430-1530 Members' Papers continued
- 1530-1600 Refreshments
- 1600-1700 BNPA Guest Lecture
Antibodies in neuropsychiatric disorders and more - Angela Vincent (UK)
- 1700 *Close of day one* **BNPA RECEPTION**

Head Injury/Neuropsychiatry and the self

Friday 12th February 2010

- 0830-0930 Registration and refreshments
- 0930-0955 **Head injury – management and disability** - Sir Graham Teasdale (UK)
- 1000-1025 **Rehabilitation for dysexecutive symptoms** - Jonathan Evans (UK)
- 1030-1100 Refreshments
- 1100-1125 **Epidemiology of mild brain injury** - David Cassidy (CA)
- 1130-1155 **How a judge appraises medical evidence** - Lord Malcolm (UK)
- 1200-1300 **BNPA 2010 AGM** (BNPA members only)
- 1200-1400 Lunch
- 1400-1425 **Brain imaging studies of self processing** - Steven Laureys (Be)
- 1430-1455 **Self Awareness/Insight in Neuropsychiatric Disorders** - Anthony David (UK)
- 1500-1600 **Personal Identity, Mind and Body** - Raymond Tallis (UK)
- 1600-1615 *Prize Giving/Refreshments and Close*



**10 February - Symposium on Disorders of Memory
(convened by Professor Michael Kopelman)
Wednesday 10th February 2010**

Concepts of memory - Alan Baddeley (UK)

Clinical advances in understanding and classification of the dementias (TBC) - Nick Fox (UK)

Clinical, neuropsychological and neuroimaging studies of MCI - Peter Nestor (UK)

Neuropsychological advances in our understanding and classification of the dementias - Julie Snowden (UK)

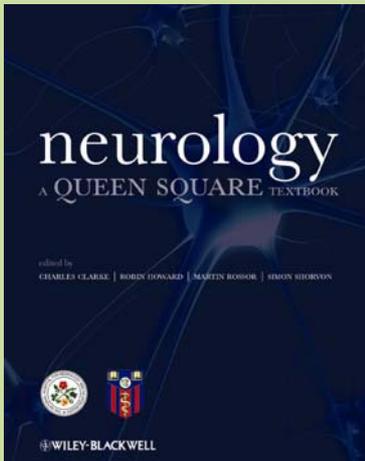
Clinical varieties of amnesic disorders - Michael Kopelman (UK)

Theories of hippocampal function in anterograde amnesia - Andrew Mayes (UK)

A theory of hippocampal function in retrograde amnesia - Morris Moscovitch (Ca)

A theory of confabulation - Armin Schnider (Ch)

The rehabilitation of memory disorders - Barbara Wilson (UK)



Exclusive BNPA Member Discount

New Book

Neurology:

Queen Square Textbook

Edited by: Charles Clarke, Robin Howard, Martin Rossor and Simon Shorvon

ISBN: 978-1-4051-3443-9

Hardcover/ 1008 pages / April 2009 / Wiley-Blackwell

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Course Report

Neuroanatomy for Psychiatrists

Saturday, 18th July 2009

Institute of Child Health, London

When I arrived at the Institute of Child Health in London on Saturday 18th July, I was very pleased that I had applied to attend the course. Upon arrival, delegates were greeted with refreshments and there was a display of books by a publisher who had the relevant Neuropsychiatry, Neurology and Neuroanatomy books available to purchase. I found everything to be very organised. The venue was easy to get to, being near Russell Square and within easy reach of trains and buses.

Dr Paul Johns was the speaker and the organiser of the course. He is an excellent speaker and also a very approachable person, was happy to answer questions, even if they were silly. He started the day by asking the delegates to introduce themselves. The audience consisted of a group of 20 to 25 psychiatrists, psychologists and other health professionals of different levels and experience. He was very welcoming, although the only speaker the whole day, his enthusiasm and energy which with he started in the morning, continued for the rest of the day.

Dr Johns started with the basic histology of the cerebral cortex. This was very interesting helping the audience to understand the differences between different areas of the cortex particularly neocortex compared to limbic system. We then went through the gross anatomy of cerebral hemispheres and the functions of different areas of each lobe. He was able to explain all these rather dry and difficult to remember issues in an interesting way, using analogies and also at times, Greek routes of the names, making the talks more alive and easier to listen to, ensuring that the audience stayed awake! The neuroanatomy of the limbic system was particularly of interest, as it would be for any psychiatrist. Anatomy of hippocampus, amygdala and their connections with other areas of the brain which make them essential for functions of memory and emotions was particularly interesting. We went through the embryology of the brain before discussing the brain neurochemical systems and specifically serotonin, noradrenalin, dopamine, acetylcholine and their anatomical correlation.

At this point, we had a break for lunch and I very much enjoyed the nice meal provided. Although one does not go to a course to enjoy the lunch, lavish hospitality can be very pleasant.

In the afternoon, we looked at basal ganglia, including applied neuroanatomy and some specific syndromes caused by disturbances in the structure or function of basal ganglia, the most common being Parkinson's Disease or extra pyramidal side effects caused by anti-psychotic medication we prescribe. We also briefly went through brain stem at the end of the day. A brief handout was provided for us to take away to remind ourselves of the course. I would have appreciated a more detailed hand out to take home at the end of the day! The handout however, included a comprehensive list of references, looking at different areas of neuroanatomy for those who would like to take this further.



Cont./...

Course Report Cont./...

Overall, attending this course was a very positive experience. I enjoyed spending my Saturday doing the course. The venue was easy to access, even if you had to commute from outside London. The course was very well-organised and I enjoyed the hospitality. Having several books displayed by a publisher was very useful.

Dr Johns is a very good speaker and able to communicate neuroanatomy by making it very lively and interesting to listen to. He gave a talk at the annual meeting of the *British Neuropsychiatrists Association in February 2009*, I remembered him from then and that he was very much able to keep the audience's attention throughout his talk.

I would certainly recommend this course to my colleagues. I do not believe you should hesitate to do this course even if you are a consultant – *if anything, consultants need to attend this course even more than their younger colleagues because it is more likely that they have forgotten their neuroanatomy since the days they first learnt it in medical school.* I believe Dr Johns facilitates a longer and more comprehensive neuroanatomy course over three days which includes practical sessions, such as hands on dissecting. I gather this is more general and geared for people who have an interest in neuroanatomy, rather than specifically for psychiatrists, although this course does have a whole day dedicated to basal ganglia and the neuro-anatomy of memory and emotion.

Dr Afsaneh Tajer, Consultant Neuropsychiatrist
Kemsley National Centre for Brain Injury Rehab
St Andrew's Health Care, Northampton



Saturday 13th February 2010 **...places available!**

Venue: Institute of Child Health, London WC1

Course director: Dr Paul Johns BSc BM MSc (Specialist Registrar, Institute of Neurology, Queen Square)

One-day advanced functional neuroanatomy course

Focuses on the cerebral cortex, basal ganglia and limbic system

Includes the basal forebrain, substantia innominata and diffuse neurochemical systems

Emphasises key structures and systems of relevance to clinical psychiatric practice

Mean feedback score (July 2009): 4.8/5.0

Course fee: £150 (includes two-course lunch and refreshments)

Suitable for psychiatry trainees of all grades and related health-care professionals - and also for neuroscientists and psychologists with an interest in the neuroanatomy of emotion, cognition and memory.

This programme would also be an excellent refresher course for consultant psychiatrists and other senior mental health care workers.

Website: <http://www.neurocourses.com/>